

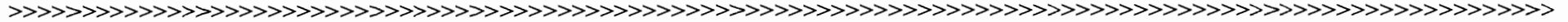
COMMUNITY SAFETY CONSULTANTS AHA CPR COURSE RECORD SHEET

Organization: _____ Address: _____ ZIP: _____

Date: _____ Start Time: _____ End Time: _____ Total Hours: _____ Total Days: _____

of INITIAL students: _____ ; # of INC students: _____ ; Student/Manikin Ratio: _____ (Max = 3:1)

Instr/Student Ratio: _____ (Max: 1:6) Manikin decon following CSC policy by: _____



Lead Instr: _____ Instr Phone #: _____ - _____ - _____ Cards to be picked up by instructor _____

Asst Instrs 1) _____ 2) _____ 3) _____

INSTRUCTOR COMMENTS (include remediations): Note: *Students need a score of 84% or above on the written test to pass or they **MUST** be remediated.*

I acknowledge by signing below that above class was taught to AHA guidelines. I also either gave or verified the students received a book and have attached proof of either.

Instructor Signature: _____ Date: ___ / ___ / ___

PLEASE - NEATLY PRINT INFORMATION

Write grade less than 84. Fill Passing grade later
 Practical & Final
 P- Pass, R- Remediate, I- Inc.

COURSE DATES	
80	92

	BLS	REN	FIRST NAME	LAST NAME	ADDRESS (Street, City, State)	ZIP CODE	COURSE DATES		WRT.	PRAC	FIN	INC	PD	✓	AMT
						PHONE	80	92							
1															
2															
3															
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INSTRUCTORS: Please be sure the above list is LEGIBLE and COMPLETE before submitting.

Adult CPR and AED Skills Testing Checklist



Student Name _____ Date of Test _____

Scenario: "You arrive on the scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

Assessment and Activation

Checks responsiveness Shouts for help/Sends someone to phone 9-1-1 and get an AED Checks breathing

Once student shouts for help, instructor says, "Here's the barrier device. I am going to phone 9-1-1 and get the AED."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

<p>Adult Compressions</p> <p><input type="checkbox"/> Performs high-quality compressions*:</p> <ul style="list-style-type: none"> • Hand placement on lower half of breastbone • 30 compressions in no less than 15 and no more than 18 seconds • Compresses at least 2 inches (5 cm) • Complete recoil after each compression 	<p>Adult Breaths</p> <p><input type="checkbox"/> Gives 2 breaths with a barrier device:</p> <ul style="list-style-type: none"> • Each breath given over 1 second • Visible chest rise with each breath • Gives 2 breaths in less than 10 seconds
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Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Gives 30 high-quality compressions Gives 2 effective breaths

Instructor says, "Here is the AED."

AED (follows prompts of AED)

Powers on AED Correctly attaches pads Clears for analysis Clears to safely deliver a shock

Presses button to deliver shock Student immediately resumes compressions

AED trainer says, "The shock has been delivered."

Cycle 3 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

Gives 30 high-quality compressions Gives 2 effective breaths

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation: **PASS** **NR**

Instructor Initials _____ Instructor Number _____ Date _____

Adult CPR and AED Skills Testing Critical Skills Descriptors

1. **Assesses victim and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:**
 - Checks for responsiveness by tapping and shouting
 - Shouts for help/directs someone to phone 9-1-1 *and* get AED
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
2. **Cycle 1: Performs high-quality chest compressions (initiates compressions immediately after recognition of cardiac arrest)**
 - Correct hand placement
 - Lower half of the breastbone
 - 2-handed (second hand on top of the first)
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Compression depth and recoil—at least 2 inches (5 cm)
 - Use of a commercial feedback device/manikin is highly recommended
 - Complete chest recoil after each compression
3. **Cycle 1: Provides 2 breaths by using a barrier device**
 - Opens airway adequately
 - Uses a head tilt–chin lift maneuver
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
4. **Cycle 2: Performs same steps for compressions and breaths as in Cycle 1**
5. **AED use**
 - Powers on AED
 - Turns AED on by pushing button or lifting lid as soon as it arrives
 - Correctly attaches pads
 - Places proper-sized pads for victim’s age in correct location
 - Clears for analysis
 - Clears rescuers from victim for AED to analyze rhythm (pushes analyze button if required by device)
 - Verbalizes and visually demonstrates to stay clear of the person
 - Clears to safely deliver shock
 - Verbalizes and visually demonstrates to stay clear of the person
 - Presses button to deliver a shock
 - Resumes chest compressions immediately after shock delivery
 - Does *not* turn off AED during CPR
6. **Cycle 3: Performs same steps for compressions and breaths as in Cycle 1**

Child CPR Skills Testing Checklist



Student Name _____ Date of Test _____

Scenario: "You are home alone with a child, and the child suddenly collapses in front of you. The scene is safe and you have a cell phone with you, but no AED nearby. Demonstrate what you would do next."

Assessment and Activation

- Checks responsiveness
 Shouts for help/Phones 9-1-1 on cell phone
 Checks breathing

Cycle 1 of CPR (30:2) **CPR feedback devices preferred for accuracy*

Child Compressions

- Performs high-quality compressions*:
- Hand placement on lower half of breastbone
 - 30 compressions in no less than 15 and no more than 18 seconds
 - Compresses at least one third the depth of the chest, about 2 inches (5 cm)
 - Complete recoil after each compression

Child Breaths

- Gives 2 breaths with a barrier device:
- Each breath given over 1 second
 - Visible chest rise with each breath
 - Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

- Gives 30 high-quality compressions
 Gives 2 effective breaths

Cycle 3 of CPR (repeats steps in Cycle 1) *Only check box if step is successfully performed*

- Gives 30 high-quality compressions
 Gives 2 effective breaths

Instructor says, "EMS has arrived and is taking over."

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

PASS NR

Instructor Initials _____ Instructor Number _____ Date _____

Child CPR

Skills Testing Critical Skills Descriptors

1. **Assesses victim and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:**
 - Checks for responsiveness by tapping and shouting
 - Shouts for help and phones 9-1-1
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
2. **Cycle 1: Performs high-quality chest compressions (initiates compressions immediately after recognition of cardiac arrest)**
 - Correct hand placement
 - Lower half of breastbone
 - 1- or 2-handed (second hand on top of the first)
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Compression depth and recoil—compress at least one third the depth of the chest, about 2 inches (5 cm)
 - Use of a commercial feedback device/manikin is highly recommended
 - Complete chest recoil after each compression
3. **Cycle 1: Provides 2 breaths by using a barrier device**
 - Opens airway adequately
 - Uses a head tilt–chin lift maneuver
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
4. **Cycle 2: Performs same steps for compressions and breaths as in Cycle 1**
5. **Cycle 3: Performs same steps for compressions and breaths as in Cycle 1**

Infant CPR Skills Testing Checklist



Student Name _____ Date of Test _____

Scenario: "While you are pushing a baby in a stroller at the park, you notice something is wrong with the baby. You do not have a phone nearby. You ensure that the scene is safe and take the baby out of the stroller. Demonstrate what you would do next."

Assessment and Activation

- Checks responsiveness Shouts for help Checks breathing

Once student shouts for help, instructor says, "No one is around to help."

Cycle 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

Infant Compressions

- Performs high-quality compressions*:
- Placement of 2 fingers in the center of the chest, just below the nipple line
 - 30 compressions in no less than 15 and no more than 18 seconds
 - Compresses at least one third the depth of the chest, about 1½ inches (4 cm)
 - Complete recoil after each compression

Infant Breaths

- Gives 2 breaths with a barrier device:
- Each breath given over 1 second
 - Visible chest rise with each breath
 - Gives 2 breaths in less than 10 seconds

Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- Gives 30 high-quality compressions Gives 2 effective breaths

Cycle 3 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- Gives 30 high-quality compressions Gives 2 effective breaths

Instructor says, "You have just completed 5 sets of 30 compressions and 2 breaths."

Activates Emergency Response System (9-1-1)

- Verbalizes the need to leave to phone 9-1-1

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

PASS **NR**

Instructor Initials _____ Instructor Number _____ Date _____

Infant CPR

Skills Testing Critical Skills Descriptors

1. **Assesses infant and activates emergency response system (this *must* precede starting compressions) within a maximum of 30 seconds. After determining that the scene is safe:**
 - Checks for responsiveness by tapping and shouting
 - Shouts for help
 - Checks for no breathing or no normal breathing (only gasping)
 - Scans from the head to the chest for a minimum of 5 seconds and no more than 10 seconds
2. **Cycle 1: Performs high-quality chest compressions (initiates compressions immediately after recognition of cardiac arrest)**
 - Correct placement of fingers in center of chest
 - 2 fingers just below the nipple line
 - Compression rate of 100 to 120/min
 - Delivers 30 compressions in 15 to 18 seconds
 - Compression depth and recoil—compress at least one third the depth of the chest, about 1½ inches (4 cm)
 - Use of a commercial feedback device/manikin is highly recommended
 - Complete chest recoil after each compression
3. **Cycle 1: Provides 2 breaths by using a barrier device**
 - Opens airway adequately
 - Uses a head tilt–chin lift maneuver
 - Delivers each breath over 1 second
 - Delivers breaths that produce visible chest rise
 - Avoids excessive ventilation
 - Resumes chest compressions in less than 10 seconds
4. **Cycle 2: Performs same steps for compressions and breaths as in Cycle 1**
5. **Cycle 3: Performs same steps for compressions and breaths as in Cycle 1**

First Aid Skills Testing Checklist



Student Name _____ Date of Test _____

Scenario: "EMS has arrived and takes over. You may now remove your gloves. Demonstrate what you would do next."

Removing Gloves

- Grips one glove on the outside, near the cuff, to peel it off
- Cups the inside-out glove with the gloved hand
- Places 2 fingers of the bare hand inside the cuff to peel the second glove off, with the first glove inside it
- Verbalizes the need to dispose of gloves properly

Scenario: "You find a coworker lying on the floor in the break room. There are a phone, first aid kit, and AED on the wall. Demonstrate how you would find the problem."

Finding the Problem

- Verbalizes that the scene is safe
- Taps and shouts*
- Shouts for help/Phones 9-1-1/Gets first aid kit and AED
- Checks breathing†
- Looks for injury and medical information jewelry‡
- Verbalizes that he or she will stay with the person until EMS arrives

*After the student taps and shouts, the instructor says, "The person is unresponsive."

†After the student verbalizes that he or she has checked for breathing, the instructor says, "The person is breathing normally."

‡After the student checks for injury and medical information jewelry, the instructor says, "The person is not injured, and there is no medical information jewelry."

Scenario: "A coworker has a severe allergic reaction, has an epinephrine pen, and needs help using it. You have completed all previous steps and are now ready to use the epinephrine pen. Demonstrate what you would do next."

Using an Epinephrine Pen

- Holds epinephrine pen in fist
- Takes off safety cap
- Presses epinephrine pen firmly against outer side of thigh for 10 seconds
- Removes epinephrine pen
- Rubs injection site for 10 seconds

Scenario: "You will demonstrate stopping bleeding and then bandaging a small cut on the person's forearm. You have the first aid kit and are now ready to begin."

Stopping Bleeding and Bandaging

- Tells person to place pressure over cut with clean dressing
- Verbalizes putting on gloves
- Applies pressure to bleeding area*
- Adds more dressings and presses harder†
- Applies more bandages over the dressing

*Instructor says, "The bleeding is not stopping."

†Instructor says, "The bleeding has stopped."

STOP TEST

Instructor Notes

- Place a ✓ in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to Instructor Manual for information about remediation).

Test Results Check **PASS** or **NR** to indicate pass or needs remediation:

PASS NR

Instructor Initials _____ Instructor Number _____ Date _____

ECC Course Evaluation

Heartsaver® Classroom Courses



Date _____ Instructor(s) _____

Training Center _____ Location _____

Please answer the following questions about your **Instructor or Skills Evaluator**.

My Instructor or Skills Evaluator:

1. Provided instruction and help during my skills practice session
 - a. Yes
 - b. No
2. Answered all of my questions before my skills test
 - a. Yes
 - b. No
3. Was professional and courteous to the students
 - a. Yes
 - b. No

Please answer the following questions about the **course content**.

1. The course learning objectives were clear.
 - a. Yes
 - b. No
2. The overall level of difficulty of the course was
 - a. Too hard
 - b. Too easy
 - c. Appropriate
3. The content was presented clearly.
 - a. Yes
 - b. No
4. The quality of videos and written materials was
 - a. Excellent
 - b. Good
 - c. Fair
 - d. Poor
5. The equipment was clean and in good working condition.
 - a. Yes
 - b. No

Please answer the following questions about your **skill mastery**.

1. The course prepared me to successfully pass the skills session.
 - a. Yes
 - b. No
2. I am confident I can use the skills the course taught me.
 - a. Yes
 - b. No
 - c. Not sure

3. I will respond in an emergency because of the skills I learned in this course.

- a. Yes
- b. No
- c. Not sure

4. I took this course to obtain professional education credit or continuing education credit.

- a. Yes
- b. No

Optional questions:

Have you previously taken this course via another method, such as in a classroom or online?

Which learning method do you prefer and why?

Were there any strengths or weaknesses of the course that you would like to comment on?

What would you like to see in future courses developed by the AHA?

After Completing This Evaluation

Please return this evaluation to your Instructor before you leave the class.

Alternatively, you can send the evaluation to your Instructor's Training Center. Ask your Instructor for the contact information.

If you have significant problems or concerns with your course, please contact the AHA at 877-AHA-4CPR.